

June 8, 2014

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Highlighted Events

Wednesday, July 16  
SCHOOLS: Saving Breath: Evidence-Based Approaches to Diagnosing and Managing COPD

Monday, July 21  
Basic Critical Care Course

Tuesday, July 22  
SCHOOLS: Teens and Mental Illness: Sorting It Out

Tuesday, July 22  
SCHOOLS: Hormone Therapy for Menopause: A Pharmacological Review for APRNs

Friday, August 1  
Ethics for Social Workers

Thursday, August 14  
Drug Abuse and the Brain

For more information about events and a full listing of upcoming programs, please visit our website.

Featured Enduring CE

Pediatric Emergencies: Shock and Respiratory Emergencies

Available at SCHOOLS  
<https://www.scahec.net/schoolsregistration/Videos.aspx>

Visit South Carolina AHEC Regional Centers

Lowcountry AHEC Health Careers Academy Students Visit Coastal Carolina University



Pictured above: Lowcountry HCA Students on the Coastal Carolina campus tour

Lowcountry AHEC Health Careers Academy (HCA) students visited Coastal Carolina University (CCU) on May 9 as an introduction to pre-health majors and campus life. Twenty diverse students from 9th through 12th grade participated in a campus tour and session facilitated by the Coastal Carolina Department of Biology.

The students took a tour of campus that introduced them to the university offerings and campus facilities. The tour ended with a lunch in the Fred W. Hicks Dining Hall. Following the tour, Associate Dean of Sciences Dr. Karen Aguirre and Shirice Lesane, a Coastal Carolina University student and AHEC Bench to Bedside participant, hosted a session that explored pre-health programs and majors, as well as opportunities available on campus. Ms. Lesane, a senior biology major from Sumter, SC, facilitated an open discussion about the college experience. During the discussion, the HCA students shared some of their career aspirations and goals. Ms. Lesane offered guiding responses from a CCU student's perspective. Students were also introduced to AHEC's Bench to Bedside initiative and website, a program that will be available to them as college students. Dr. Aguirre closed the visit with a demonstration of an experiment that instructed students about the research process. Natasha Chatman, Lowcountry AHEC Health Careers program coordinator, described the day as "awesome" and shared that the students really enjoyed the experience.

For more information about the Health Careers Academy or the Bench to Bedside initiative, please visit [scahec.net](http://scahec.net).

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New Partnership with Upstate AHEC and Clemson University to Provide Education Opportunities to Nursing Faculty



Pictured above, from left to right: (Seated) Clemson nursing faculty members Assistant Dean Barbara Hoskins, Office of Distance Education; Associate Professor Ann Wetsel; and Associate Professor and Graduate Program Coordinator Stephanie Davis. (Standing) Upstate AHEC Center Director Fay Brown and Upstate AHEC Distance Learning Director Jennifer Walker.

Upstate AHEC and Clemson University School of Nursing are partnering to help prepare nurse educators for the future. The Preparing Nurse Educators for the Future partnership, underwritten by a grant from Johnson & Johnson, will facilitate development of distance learning modules to assist college and university nursing educators in staff development and continuing education. The modules will also benefit nurses who plan to become college or university educators.

The partnership will enhance the ability of Clemson nursing faculty members to develop and teach online courses through AHEC U, Upstate AHEC's online distance learning program. Modules currently in development by the Clemson University School of Nursing faculty will address curriculum development and current issues and research in teaching and learning, featuring a variety of classroom and clinical teaching and learning styles. An educational technology course will allow nurse educators to master technology in order to create an optimal learning environment.

The partnership will prepare practitioners from various backgrounds at the baccalaureate and graduate levels and will promote a collaborative environment for scholarship and research. It will help educate innovative nurse leaders with diverse experiences who focus on the healthcare and quality of life of South Carolinians. Additionally, the partnership seeks to promote and sustain cultural diversity among faculty, students and staff within a professional educational setting.

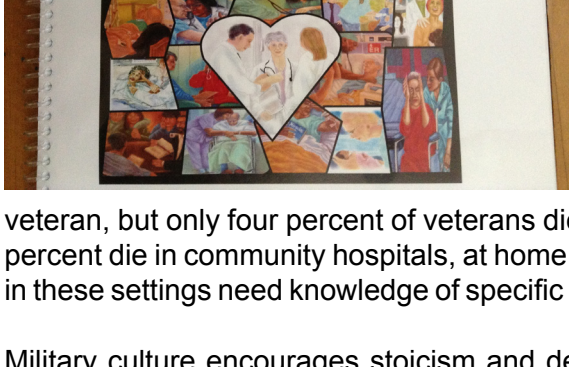
The continuing education courses will be offered online beginning this fall to nurse educators throughout South Carolina. For more information, contact Clemson University Graduate Program Coordinator and Assistant Professor of Nursing Stephanie Davis, PhD, at 864-656-2588, or Upstate AHEC Director of Distance Learning Jennifer Walker, MSN, at 864-349-1160.

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Veteran's End of Life Nursing Education Course Coming to Lowcountry in August



The Veteran's End of Life Nursing Education Consortium (ELNEC) will be held at Trident Community Center in the Trident Family Health Building located at 9228 Medical Plaza Drive, North Charleston, SC 29406. The course will take place from Friday, August 22 to Saturday, August 23.

Statistics show that every day, one out of four deaths in the U.S. involves a veteran, but only four percent of veterans die in VA hospitals. Because the other 96 percent die in community hospitals, at home, or in facilities, healthcare professionals in these settings need knowledge of specific interventions that meet veterans' needs.

Military culture encourages stoicism and denial of emotion while combat practice, exposure to death on the battlefield, contact with toxic substances, and battle-focused training can affect the death experience. It is estimated that 30 to 50 percent of all combat veterans will exhibit symptoms of post-traumatic stress syndrome and these symptoms are exacerbated at end of life. Because of these unique factors, non-VA healthcare providers need to anticipate complications at end of life and learn specific interventions to provide care that encompasses veterans' needs. The Veterans ELNEC provides essential education in caring for the veteran population at the end of life.

Lowcountry AHEC is partnering with Roper St. Francis Healthcare, Trident Health System, and the Ralph H. Johnson VA Medical Center to provide this course. Space is limited so please register early.

Visit [lcahec.com](http://lcahec.com) to learn more and register today.

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Coming This Fall: "For Men Only Health Symposium 2014: The WHOLE Man, Too"

The month of September is recognized as National Prostate Cancer Awareness Month. The "For Men Only Health Symposium," a forum targeted toward men was developed due to the overwhelming need to educate men and boys about their health with a focus on prostate cancer. On Saturday, September 20 the fifth annual "For Men Only Health Symposium 2014: The WHOLE Man, Too" will be held 10:30am to 4:30pm at the Otranto Road Regional Branch Library located at 2261 Otranto Road, North Charleston, SC. This event is free but space is limited. Registration is recommended.

Since 2009, For Men Only has been able to aid in sharing useful health information with more than 150 men and boys. The primary focus of each symposium is to educate and encourage men beginning at age 11 to implement healthy, positive lifestyles, while empowering them with firsthand information directly from local healthcare professionals to support each other in helping to reduce the premature mortality of men and boys.

The program begins with registration and several vital basic health screenings followed by a nutritionally light breakfast and also includes a heart healthy lunch. Attendees meet with medical professionals who provide appropriate health information and are given educational materials on topics that directly affect them and their families including, but not limited to: prostate cancer, testicular cancer, heart disease, stroke, diabetes, foot care, and dental care. Attendees are reminded and encouraged to share this information with their colleagues, relatives, friends, and neighbors. Any and all questions are encouraged.

For more information or to register, please contact event coordinators Edna Edwards Williams (843-509-6144 or [edna717@yahoo.com](mailto:edna717@yahoo.com)) and Kelvin B. Williams (843-377-5040 or [kwilliams63@aol.com](mailto:kwilliams63@aol.com)).

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Lowcountry High School Students Participate in First Health Career Exploration Symposium



The first Health Career Exploration Symposium took place on June 24 at the Technical College of the Lowcountry (TCL) in Beaufort, SC. This collaborative effort between Lowcountry AHEC and the Preventive Medicine Department at the Naval Hospital-Beaufort provided Lowcountry high school students with an opportunity to explore health careers through cooperative learning activities and panel discussions. Students circulated through six different morning classroom sessions, which introduced pharmacy, biomedical technology, respiratory therapy, medicine, dental technology and nursing and included hands-on activities. Dr. Laurence Neely, a former Upstate AHEC Health Careers Program student, served as one of the morning facilitators. Numerous participants rated his session on medicine and blood typing as their favorite classroom session.

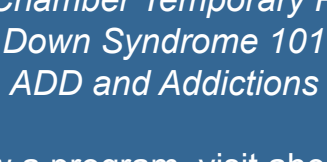
An afternoon panel of United States Navy servicemen and women shared inspiring stories that highlighted the importance of one's drive and determination in achieving professional goals. Each healthcare professional also shared how the United States Navy provided financial support towards his or her educational training. The day ended with team building activities led by representatives from the Beaufort County Emergency Medical Services (EMS), Marine Corp Community Service (MCCS)-South Carolina SEMPER FIT, and Naval Hospital-Beaufort Preventive Medicine Department. Each activity demonstrated the importance of working as a team to accomplish goals.

Overall, students and facilitators provided very positive feedback for the event. One student shared, "I really enjoyed myself and I was happy that I took time to come." A special thank you goes out to all of the volunteers, facilitators, sponsors, and AHEC staff. The sponsors included the South Carolina AHEC, TM Graphics, Chick-Fil-A, Lighthouse Christian Center, National Science Foundation, MCCS-SC Semper Fit, Beaufort County EMS, and TCL. Lowcountry AHEC is pleased the program was a success and looks forward to making it an annual event.

For more information, please contact Lowcountry AHEC at 843-782-5052.

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New to



Aging

Bipolar Disorder Through the Lifespan

Dual Chamber Temporary Pacing

Down Syndrome 101

ADD and Addictions

To view a program, visit [ahecu.org](http://ahecu.org).

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